


**3-Days Workshop held in:
KUWAIT April 8-10, 2010**

A nighttime photograph of the Kuwait Towers, two tall, illuminated structures with spherical observation decks, reflected in the calm water of the Arabian Gulf. The sky is a deep blue, and city lights are visible in the background.

**Workshop opened My Eyes,
Mind and Heart and it woke
me up to the Reality**



Abdul: The three days of the workshop were remarkable, unforgettable and challengeable. It opened my eyes, mind, and heart and woke up to the reality. Before the workshop I was living a life of Jahiliya. Now I am living for Almighty and each and every action I am doing for the Almighty. Now, I know how to implement Allah's will in my life. I am a chain smoker for the past 15 years, from second day onwards I stopped smoking. From this workshop, I learnt that I am only my own

enemy. This workshop gave me my life and my family. I came out of darkness to light.

SADIA: Subhanallah! My husband and I attended the workshop and we both realised the change. I could experience the peace in me and my life. I am really happy to say that my husband quit smoking. He is changed so much that he is more lovable to me than before, He helps me a lot. Thank you, brother, Jazakallah Khair.

Ahmed: The workshop helped me to understand

the context of life. It made me responsible. It helped me to experience peace inside me and to come out of my past bitter experiences which I was carrying all along with me for the past two years. I got the clarity to resolve my problems. I thank you, May Allah bless you with all the goodness in this life and hereafter!

Dhaura: It was an amazing experience. Thank You Mr Khan and the organizers for bringing the workshop to Kuwait. I thank Allah for providing me the opportunity to participate in the workshop. It opened up my eyes to the reality and where I am now standing. The things which I knew earlier theoretically, now I can put in practice, insha Allah.

Iqbal: I had been waiting to attend this workshop for years. I thank Allah for giving me this opportunity to attend this workshop. It was very useful and well-organised. I appreciate and pray for the presenter who has inspired us. It was full of realisation and awakening. My wife also liked it.

Saad: On the first day after the workshop when I was driving home, the car ahead of me did not allow me to cross the lane and I was about to get angry and that suddenly something applied brakes on me. I started to



laugh. There was this beautiful and amazing transformation in myself. I feel normal and I am trying to be in the present. I am thinking now and then, every sentence I speak. I would like to thank you for spending your valuable time and energy for all mankind. I pray for you by my heart that you have success in this world and in the world hereafter. Jazakallah!

Kabir: I have got control over my anger. I realised that the hurdles in front of me are passe. I realised that how many times I have killed my wife, mother, father, brothers and sisters through my words. I was a short-tempered

person.

Shah: I was stressed for three years and after this workshop I got the power to come out of the stress very quickly and steadily.

Akram: There is a tremendous realisation of the basic foundation of Islamic values and the rules for leading a successful life in this duniya and Akhirah.

Habbeeba: Before the workshop, I was a very different person. I used to get angry and was stubborn. I

used to react at every situation and had negative thoughts. After the workshop, I stopped reacting and getting angry. I stopped judging. This workshop has changed me a lot and helped me in all ways. Now I feel free and light. My family members also attended the workshop and all have changed. We are all new. It's like a new family. We all are very happy, free and relieved, Alhamdulillah.





